Keeping track

You can use a chart like this to begin documenting your elder's medical care. If your elder sees several doctors, you may wish to make photocopies for their files. You'll need to update this information on an ongoing basis.

Medical background for _____ Date_____

Name of insurance company_____

Policy number_____ Phone_____

Primary care physician_____
Address_____
Phone_____Date of last visit _____
Treatment notes _____

_____

_____

_____

Specialist_____
Address_____
Phone_____Date of last visit _____
Treatment notes _____

_____

_____

_____

Specialist _____
Address_____
Phone_____Date of last visit _____
Treatment notes _____

_____

_____

_____

Others (chiropractors, physical therapists, etc.) _____
Address_____
Phone_____Date of last visit _____
Treatment notes _____

_____

_____

_____